



The Science of Weight Loss: Detoxification - Rebuilding the Microbiome - Correcting Metabolic Syndrome - Healing Biotoxin Illness the Gut (Paperback)

By Genita M Mason

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.The Science of Weight Loss (SOWL) covers the modern day causes of gaining excess weight and not being able to lose it regardless of diet and exercise. In todays world there are numerous toxic exposures in our food system and environment along with denatured processed foods that do more harm that good that are damaging the Gut. Many of the toxins people are exposed to are endocrine disruptors that now have a name: obesogens. Obesogens are hormone-like chemicals that literally instruct the body to gain weight. The premise of SOWL is to address weight issues, not as a pound for pound issue, but a medical issue and to heal the damage that food chemicals, incorrect diet and environmental toxic exposures have done to the upper and lower (bowel) intestines. It also teaches the reader how to remove the harmful bacteria in their gut and replace it with a diverse rainforest of beneficial bacteria that serves the immune system, energy, weight loss, excellent digestion and production of vitamins that serve all those processes. Inflammation from Biotoxin Illness and the...



Reviews

Totally one of the better publication I have actually read through. It really is rally fascinating through studying time period. Its been printed in an extremely simple way and is particularly just following i finished reading through this ebook in which basically modified me, modify the way i think.

-- Mrs. Maudie Weimann

Here is the very best book i have study until now. It is rally fascinating through looking at period of time. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Dr. Blaze Runolfsson IV

Related Books



History of the Town of Sutton Massachusetts from 1704 to 1876 (Paperback)

Createspace, United States, 2015. Paperback. Book Condition: New. annotated edition. 229 x 152 mm. Language: English. Brand New Book ***** Print on Demand *****. This version of the History of the Town of Sutton Massachusetts from 1704 to 1876 is a labor...



Crochet: Learn How to Make Money with Crochet and Create 10 Most Popular Crochet Patterns for Sale: (Learn to Read Crochet Patterns, Charts, and Graphs, Beginner's Crochet Guide with Pictures) (Paperback)

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Getting Your FREE Bonus Download this book, read it to the end and see BONUS: Your FREE Gift chapter after...



Talking Digital: A Parent's Guide for Teaching Kids to Share Smart and Stay Safe Online (Paperback)

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book. It is time for the digital talk. Today, kids are growing up in a wired world. Their online interactions, the good and the bad,...



No Friends?: How to Make Friends Fast and Keep Them (Paperback)

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English. Brand New Book ***** Print on Demand *****. Do You Have NO Friends? Are you tired of not having any friend and being lonely all the time...



Never Invite an Alligator to Lunch! (Paperback)

Lucky Me Publishing, LLC, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. NEVER Invite an Alligator to Lunch! delivers a fun, action-packed, entertaining story featuring delightful characters. The...



To Thine Own Self (Paperback)

Dog Ear Publishing, United States, 2011. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Carefree and self assured Carolyn loves her life. Her uncle runs the day-to-day details of her company leaving...